

# Five Enormously Fun Chocolate Facts



Meredith Whitely runs Food At Heart cooking classes and knows all about chocolate. She helps people slow down and taste with more attention, while exploring feel-good flavour combinations.



## 1 Worth its weight in gold

In the ancient time of the Aztecs, chocolate was used for more than eating and drinking. It is made from cacao beans which were very valuable. Rather than using coins to buy the things they needed, Aztecs instead used cacao beans.

2



## A Royal chocolate lover

The Aztec Emperor Montezuma was a big fan of chocolate. He drank 50 cups of a frothy chocolate drink a day. Not only that, he drank it in goblets made of gold and threw away the goblet once he had finished his chocolaty beverage.

3



## The Swiss don't just love cheese

Want to know who munches the most chocolate? Well, it's the Swiss. Although more often thought of as lovers of cheese, the Swiss are also chocolate fanatics. On average they get through over 9 kilograms of chocolate per person every year; that's the same as almost 450 bars of Cadbury's Dairy Milk.



## 4 A big chocolaty record

The largest chocolate bar ever made was 142 metres long. If you had stood it on its side it would have been a few meters taller than the London Eye. This giant bar was created in 2016 for the annual chocolate festival in Slovenia.

5



## No chocolate for dogs

Dogs are highly allergic to chocolate, so don't pass a sneaky square under the table to your pets. Chocolate contains something called theobromine, which is highly toxic to dogs. Make sure you keep your bars well wrapped up and away from any curious pups.